

Federal Reserve Financial Literacy Resources for Consumer Audiences

ECON LOWDOWN ONLINE COURSES

Free online courses and videos for consumers provide an interactive and entertaining way to teach the basics of personal finance. Topics include:

- Budgeting 101
- Cars, Cards, and Currency
- Credit “Cred”
- It’s Your Paycheck
- Paying and Receiving Interest
- Soar to Savings

<https://www.stlouisfed.org/education>

PAGE ONE ECONOMICS: FOCUS ON FINANCE

The Focus on Finance newsletter makes sense of personal finance concepts such as insurance, bankruptcy, renting a home, income tax, credit bureaus, prepaid cards, peer to peer lending and more.

<https://www.stlouisfed.org/education/page-one-economics-classroom-edition>

PERSONAL FINANCE 101 CONVERSATIONS

Personal Finance 101 Conversations is a series of short videos related to timely financial topics for students and consumers. Topics include the FAFSA, College choice and financial aid, tax refund fees, car insurance, and alternative financial services.

<https://www.stlouisfed.org/education/personal-finance-101-conversations>

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PERSONAL FINANCE 101 CHATS

Personal Finance 101 Chats will help teach basic personal finance skills such as using prepaid debit cards and getting a car loan. *Some of the chats are also available in Spanish.* Topics covered include:

- Buy Here Pay Here
- Car insurance and How to Get A Car Loan
- How to Open a Bank Account
- Payday Loans
- Rent to Own
- Interviewing Tips
- Resume 101

<https://www.stlouisfed.org/education/personal-finance-101-chats>

NO FRILLS MONEY SKILLS

The No-Frills Money Skills video series covers a variety of personal finance topics using clear, simple language, and graphic elements so that viewers can better visualize the personal finance content being presented. Topics include:

- Compound interest
- Ways to Save- 401 (k) and Roth 301(k)
- Stocks, Bonds, and Mutual Funds
- Insurance

<https://www.stlouisfed.org/education/no-frills-money-skills-video-series>

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CONTINUING FEDUCATION

The Continuing Feducation Video Series offers animated videos on a variety of economics and personal finance content, including Understanding How a FICO Credit Score is Determined, Saving for College, and the Amazing \$2,000 Pizza (credit card usage).

<https://www.stlouisfed.org/education/continuing-feducation-video-series>

BUILDING WEALTH

Building Wealth is a personal finance education resource that presents an overview of wealth-building strategies for consumers, community leaders, teachers and students. Available as an online guide, printed guide, tablet guide and a mobile app, Building Wealth contains tools for consumers to learn how to:

- Set financial goals
- Budget
- Save and invest
- Build credit and manage debt
- Protect wealth with basic insurance

<https://www.dallasfed.org/~media/microsites/cd/wealth/consumers.html>

Access all lesson plans, videos, courses and more at the Federal Reserve's Education website: www.federalreserveeducation.org